

Excerpts from a talk by Swami Atmachaitanya, 31th May 2009 Center Springen, Germany

Editors's note:

We consciously leave transcriptions as untouched as possible, even though they may contain grammatical "mistakes", and we only make minor refinements. We feel this best transports the essence of the Master's message, most purely conveying his very personal vibration and touch.

Swami Vishwananda: Jai Gurudev!

Audience: Jai Gurudev!

Swami Vishwananda: We have the privilege of having Swami Atmachaitanya here. Welcome Swamiji and welcome Prabhu. So, Swamiji would you address some words?

(Swami Atmachaitanya begins with the chanting of 3 OMS together with Audience and chanting of Sanskrit Mantras)

Swami Atmachaitanya: Blessed the soul.

My dear beloved Swami Vishwananda and all disciples... so I'm very happy to meet you on this special day and I'm very happy be with you on this special a few hours on this day.

We know we are all human beings and what is our aim of life? And why we are born? And ask yourself: and why here, why here am I doing? What I came to do? What is our purpose of life? We are all human beings, we know that, but how can we achieve or understand into this our human consciousness, to understand into the liberation and the peace and happiness? All peace and the happiness is residing with us... how to be merged into that through the Master or through the spiritual Sadhana?

So you are all very lucky person to meet Swami Vishwananda and to be surrounding him, and he is taking you the righteousness and right path. The great opportunity you have that, because in our human life, over 28 human birth and after that you are all meeting one spiritual master. Then, if you get the spiritual master and you just always respect and allow and believe him and you always follow into what the Master is saying and you do not forget your righteousness and your duty. And always be surrender and the faith and the concentrate what they having to saying you, you always listening and following that. Because, in our Dharma, the righteousness and duty of the Guru-shishya bhandam, relationship of the Guru and the disciples, and very deep and very depth and wide to that.

How many millions people surrounding in this world? Why should not everybody can getting like that opportunity? So, none of the people, not everyone, not involving or concentrating in the spiritual path, because most of the people are in the material life and material thoughts... They are always enjoying the elements *Panchantraya sukham. Sukham vidam saridam idam natrey naivayhasya, tatra meva chintaya nasti sarvam idam veda puranaha...* For each person only knows the physical embodiment of this enjoyment – the elementary, element things – and they do not know into this, the spiritual value. That is why they are all looking the material life and enjoying like that.

And one Guru, do many thousands years penance, then they are to become the Master and the Guru is... but one law should not like that: Each ages... (you know that golden age, silver age, bronze age, iron age – this is the iron age and the golden age will be, is beginning)... So many, many ages, the Masters do penance and they become the Guru. The Guru is meaning: "who is destroying our

darkness and bring to the light and who giving to us wisdom and faith and enlightenment". That is the, that is why we say into the life, we are enjoying it, because the "life" meaning **L** for liberation, **I** for individuality, **F** for freedom, **E** for eternity. That is our life of aim in this earth, in human level.

So each and everyone concentrate, not look at outside, because outside beauty is always comes and goes, and our mind always wandering like a monkey or street dog, because we are always attached and sticking and hearing outside and the listening and watching and then be blaming and complaining... Not make any confusion, make your compassion in your heart. And that always you just are thinking about "And what I am?", "Who I am?". I am that. Always think "I am that" "*Tato ma si*" "I am Atma Brahman." *Brahmaiva namam tattameva chindaya mana ... (Sanskrit Mantra)* You are consciousness, always be in the companion of God. There is no any difference between. Then you just look at in front of the mirror and the mirror showing to you "You are amazing", like always Guru is showing to you the reality and the truth. Whatever the God is giving to us, the Guru is giving too and purify and rectify and leading you, and sorting all your Karma and all your Dharma.

So I am very happy, be with you here and sorry I could not speak very well in English, my English is very poor. I apologize myself, any mistake in the grammar because I am always speaking in Malayalam.

So, in this surrounding Divine circumstances and you are all in joy into that, the nectar of Amritam. When I am just to coming here the entrance, I heard about the God's name. The always you are repeating this Lord's name, that your random thoughts will be washed away, and the surrounding purification and the getting all negative energy away from us.

So, this is very nice and very good opportunity, and circumstance – and you, you made that by the grace of Swamiji. So you always respect and allow to Him. And you should know that "What is the Master? And what is the Guru and what is the father? What is the best friend?" And everything is in us and our Master can act with us. Like you make the rice, grind it into powder and you can make...pancake, butter and rice...and everything, various dishes comes from the rice. And whenever you focus in your mind you want to purification and you given to that opportunity.

Or in this Kali Yuga is the best Yugas for liberation. In the Golden Age every beings and all Saddhus and Sannyasis and Rishis, have to do penance for thousands of years for *Moksha*. And in the silver age, and also the bronze age also, you need to contemplate and also do into many spiritual things... but the Kali Yuga easy you will be attained the liberation. How? Through the *Nama Sankirtan* and the listening to the Guru's word and following and the *Bhagavatam*. And especially is the very easy way to understand into that... *Yetra vicharyam tatra mevasam tatameva chindayam nasti sadha kale yaga nityam paramatma tatvam maha. Ahamvam vara matma Brahman matma. Ya Sarva Butam (Sanskrit Mantra)*... Only be consciousness to the *Nama Sankirtanam* in this age and you have only the path of and the wisdom and to be consciousness to that. And to be just surrendered to that and that we always be with of the companion and that, okay?

And I wish you each and everyone, and on this surrounding circumstance and to be with the companion of the God. So you have a great opportunity gotten. I want to say you: Don't miss your opportunity and you are always following. You can here do everything, you know.

Because of, we are always putted in the custom and the desire towards to the God and Master, then you all made into the surrounding circumstances and everything. Finally you are also the person of spreading and do bad gossip and all those things, through this God and Master. This is not righteousness or right path or right devotion.

So be always consciousness in our self and our heart, be believe our self. And real trust, like a Master and disciple become like a shadow, you know? Without the Master you have no shadow, without person you have no any imagination, so you think about. God is the Paramatma and we are all the Jivatma. And Jivatma Paramatma is the union, unity, you want to merge with that. This way the Master is taking us, leading us. So you always be with the companion of the Master and you fulfil it your aim and destiny. This is I want to tell you in front of Swami Vishwananda, because he is given for you better than good, more than me. Because lots of follows him and you also, I think, whatever it is happen, we don't think about it.

Whatever it is coming, the nature, the calamities... look at the seas. Waves always pushing in the, the waves always coming to the shore, surface... So likewise man mind always rectifying, sorting always. Who was good disciple and who is total surrender, who is complete faith and devotion, dedication. If you are become to that level it's like searching thousands of oysters... You know this you are searching for and you finally find out one or two real pearls. Likewise in the millions devotees in this world, what one or two disciple is real, become to the dear, real devotees.

And in my little experience, when I was all the time travelling with my Guru Ramananda Saraswathy to the temple Vivekanda rog. Maybe you heard about it, where you can see all the RamaKrishna Paramahansa and Vivekanandas Swamis. I've been there for the festival day, nearly more than 150 or 160.000 people, assembling there and they just gathering all the Pujas and everything. Seven special days... I was there at that time with the Guru and I look at everyone. And I told Ramananda, "Swami, how many Bhaktas is coming to here? And bowing to this everyone?" He said: "Please, look at my face. What do you see?" Then I think something is wrong there... I saw a vision in his face. And I said "In the Kali Yuga, there are many people..." And he said "That is true. In this Kali Yuga, everybody is wanting to be a human being.... You want to see, how many of that become real human beings?" I said: "Is it possible to? I am very happy to do that." And he is lifting his right arms, asking me "Look at, like that. And like a binocular, you know? And it is like a television. (*laughing*) And I saw that out of 150.000 people only two person like all had the neck and everything. One old gentlemen and one girl. And all others are donkey, monkey, cow, elephant, horse and different varieties, animals... They have a different habit also that and do you want that habit, purify and change it, that is why you are meeting the Guru. You have all habit like that. Sometimes we just get angry "I don't want to do that" and hideaway, like a dog, you know? (*Public laughing*) And sometimes you are just like a monkey and shouting and scratching and other things.

So I told, in England, "And we have in this Kali Yugam 120 years lifetime – Golden Age 480, Silver age came and they have 360, then Bronze age come: 240. The lifetime in the Kali Yuga is 120 years old. That 120 years how do we spending and living?"

...Aged 1-10 like a monkey: You know the children, they will talk like a monkey, what all struggling... and today, I mean wherever you ask the child "lie down here or stay", children not stay there. They just run away, like all the things and thoughts.

And for 20 years from age 10 till 30 people live like a horse: They have no reins. No reins, and not controlling, they are running behind and everywhere and Father calling, Mother calling, they are not listening and always they say, like a horse, you know? Without the reigns, the horse likewise.

And after 30 most of it (I know that everybody is blaming, okay. Don't misunderstand, so, okay?) ...And then after 30-60 they become as, you know, the donkey. After 30, they become to husband and wife and the children – they are pulling the weight of responsibility, like a donkey, you know?

And after 30-60 a donkey and after 60-90, they become to like a dog. When the children or somebody is coming to our room, taking something and begging like that "Who is in my room and

who come and what are you doing here?”

And after 90 to 120, they become old. “Oh Grandma, would you like something to drink?” “Mmhh...” (*Audience laughing*) “You want something to drink?” “Aah...” – Like that and become like that.

...This is in the Kali Yuga, is in our aim to divide into God like that. So this is not permanent us. So then Narada start asking. So the Rishis, Narada, they are asking to that Trinity: “And what is the best way for liberation in this age?” Then everybody is blessed and told that in the Kali Yugam the best way of the liberation is only the *Nama Sankirtanam* and **only** the *Nama Sankirtanam*. Sit and chant the Mantra and the Japa and you think the God’s name. Make your heart a purity, and always your mind also become to sing and doing that.

So great opportunities to be with this Master, So don’t misuse and don’t mis... thoughts or misunderstanding. So, I wish each and everyone have a wonderful company, is with Master. You have some name of company, many name in the business world. The Shanti Margam and Bhakti Margam, Nama Margam, Guna Margam, Tapo Margam. Whatever it is your goal, it’s what’s the aim of company business, isn’t it? (*Public laughing*) Eh? Business. So you have the spiritual “business”, you do the marketing and the liberation here, the centre of the spiritual centre. So I wish each and everyone have a wonderful opportunity and once again, thanks for Swami Vishwananda and all disciples. And everybody’s and greetings. Swami is here and I think I’m a humble instrument God sent and I’m a humble servant in front of you. You are all... each person, have an ability and and education also. You know how harmonium, some know videography, photography and singing. But I don’t know anything. So I think you are all very wise people and know something. I’m your humble servant. You are all my boss. And what I want to do in the service to you, I’m always ready to you, okay?

So, wish each and everyone, have a wonderful opportunity to meet the Master. And I’m very happy, if you want to sing some Bhajans, so you can sing the Bhajans, I can hear what I... My sound is not good. (*Audience laughing*) I try to sing Okay?

(*Sri Swami Vishwananda* “Swamiji? Maybe you can sing?”)
(*Starting to sing Bhajan*)